

Scattered and Jumbled Energy



Fennel (or Yarrow) Seed

“Restoring the randomly scattered and jumbled.”

Part of the energy of this essence is that I am actually not exactly sure as to whether the plants are actually fennel! They actually could be yarrow, it is hard to tell the two of them apart when they are at the seeding stage and the plant is actually dead.

But whatever, we do know what the essence is for, which is to help restore one's energy back to its functional state when it has been hopelessly distorted by being broken up and scattered.

For restoring energy that is like a jigsaw puzzle that has many pieces forced into the incorrect places, making it almost impossible to sort out the resulting mess. To make matters even worse, there are a number of booby-traps and hooks mixed in with the mess of mixed-up energy, ie. there is some negative energy in there, symbolized by the barbs on the barbed-wire fence.

This essence helps one to unscramble the hopeless mess and get everything back into the correct places.

Affirmation: “I now reorder my scattered and mixed up energy, back into its proper pristine condition.”

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