

# Time Traveller, back to Optimum Health

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## Rocket (second growth)

**“Time traveller”. Reconnecting with a better past.**

**This flower essence is for helping us to reconnect with our former self, back when we were whole and totally healthy.**

**To “channel” our reality as it was back then, before we became “ill”, back when we were young and healthy (can include other realities, and former lives).**

**This essence is the real-life time traveller, more real than the numerous science fiction time travel stories that are now a part of mass consciousness.**

**Affirmation: “I now travel back to a former time, when I was young and healthy and free, and re-establish my youthful health and vibrancy, while still keeping the wisdom of maturity.”**

[Buy a bottle of this essence from our online store](#)